



Republic of the Philippines
Department of Education – Region III
TARLAC CITY SCHOOLS DIVISION
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Division Memorandum

No. 215, s. 2019

Date : September 2, 2019

To : Chiefs of CID and SGOD
Education Program Supervisors
Public School District Supervisors
Principals/School Heads of Elementary and Secondary Schools
Elementary and Secondary Health Focal Persons
All others concerned

From : Office of the Schools Division Superintendent

Subject : **Reiteration of Measures to Help Prevent the Spread of Dengue Infection in Public Schools**

- A. In line with the Advisory of the Department of Health regarding measures to help prevent the spread of Dengue Infection, the Tarlac City Schools Division supports the “**Four o’clock Habit**” which reinforces the “**4S Laban sa Dengue.**” All public schools, including the Division Office, are mandated to practice a **Regular Routine** every four o’clock in the afternoon to practice **4S** to wit:

1. *Search and Destroy Breeding Places*

Search for stagnant water inside classrooms and within the school premises. Forge partnership with barangay officials to address stagnant water in the immediate vicinity outside school boundaries. Also, eliminate dark and poorly ventilated places in classrooms.

2. *Self-Protection Measures*

School uniform requirements shall be relaxed and a strong recommendation shall be made towards wearing of light-colored long pants, long sleeves and knee socks. Citronella plants are advised to be transferred in pots, placed inside classrooms and serially cut a centimeter of the most distal portions of its leaves to emit its natural oils, aside from the practice of harvesting a bunch of leaves and placing them in containers inside the classroom. Insect repellants such as citronella oils and off lotions are also

advised to be applied. Coordination with the City Health Office is ongoing to make available in our schools Long Lasting Insecticide Treated Curtains. Use of electric fans help drive away mosquitoes.

3. *Seek Early Consultation*

A Learner who suffers fever and other flu-like symptoms is advised to seek consultation with a medical professional within the first three (3) days of illness.

4. *Say yes to fogging in times of impending outbreak*

School officials are advised to coordinate with barangay officials for scheduling of fogging activities.

B. All efforts toward the prevention of Dengue infection must be adopted and School officials must work hand in hand with the General Parent Teacher's Association (GPTA) and other stakeholders to achieve this end. In line with the **Dengue Surveillance Report** of the Provincial Epidemiological and Surveillance Unit (PESU) covering Morbidity Weeks 30 to 33, the following barangays are among those with **Clustering of Cases** (3 or more cases in a barangay for a period of four weeks): Agusong, Baras-Baras, Burot, Care, Central, Laoang, Lourdes, Maliwalo, Matatalaib, San Isidro, San Miguel, San Roque, Sapang Maragul and Tibag. The following barangays are among the **Hot Spots** (areas with increase in number of cases for two consecutive weeks even though the number is still within the expected range) : Bantog, San Jose, San Rafael, San Vicente, Suizo and Tibagan. However, **NONE** of the barangays in Tarlac City have an **Outbreak**. Schools covered by the abovementioned barangays, are directed to assemble, at the soonest possible time, their respective GPTA to discuss the "Four o'clock Habit" and other strategies to help prevent Dengue infection.

C. Wide and immediate dissemination of this Memorandum is desired.




TERESA D. MABABA, CESO V
Schools Division Superintendent